

# LEADERSHIP PROGRAMME

## PRÒGRAM CEANNARDAIS



## LEADERSHIP OPPORTUNITIES FOR YOUNG PEOPLE IN THE HIGHLANDS

Are you 12-25 years? Develop your leadership skills and gain nationally recognised awards, with High Life Highland's Leadership Programme.

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Through being a part of the leadership programme, I gained confidence to take part in challenges and sports that I would not have otherwise done. I took part in a huge fundraising project that resulted in traveling to Malawi on two occasions to deliver Sports Leadership to my Malawian peers.

This project motivated me to take part in ASDAN and DofE awards. In doing so I undertook a huge fundraising project for The Highland Hospice which led to me traveling to Zambia, paddling the Amazon and trekking to Everest Base Camp. Being involved in the programme is an experience that I will never forget and it was a privilege to be part of it.

*Mark Bain Nairn Academy*

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**Earn your Leadership Programme hoodies by working through the award levels - navy blue, purple, green, red and grey.**

Develop your leadership experience through volunteer opportunities at school and within the local community. This valuable transferable skill will stand you in good stead for future education and employment opportunities.

Some of our leaders have gone on to university, sport development roles and leisure management.

**More information available from:**  
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 Leadership Programme Development Officer

**Or Tweet us @HLHSocial**

#### Opportunities:

- Assisting at Youth & Active Schools Clubs
- Volunteering at major sporting and community events
- Shaping the future of your community through the Young Ambassadors Programme, Community Sports Hubs or Highland Youth Voice
- Volunteering in local sports clubs



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