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Well Scotland



www.wellscotland.info is a website supported by Scottish Government for people who have an interest in improving mental health in Scotland.

Reflecting current mental health policy priorities it provides;

- up to date information and resources relating to improving the mental health of children and young people, older adults, and communities across Scotland.
- information about common mental health problems, self harm and suicide prevention and improving outcomes for those with mental health problems and illness.

Contact: Arma Sayed-Rafiq

Further Information and Contact Details

Street Address: Health and Wellbeing Team, NHS Health Scotland, 1 South Gyle Crescent, Edinburgh, EH12 9EB

Telephone: 0131 313 7515

Secondary Telephone: 07917 814 534

Email: Arma.Sayed-Rafiq@nhs.net

Website: www.wellscotland.info