

Mon, October 14, 2019

## Scottish Recovery Network (SRN)



Launched in 2004 SRN is a non-profit initiative working in Scotland and beyond. Our aim is to promote and support recovery from mental health problems. We act as a catalyst for change by sharing ideas and practice.

People who experience mental health problems and those around them should expect recovery. We want to see more:

- Knowledge and understanding of recovery.
- Empowerment for people affected by mental health problems.
- Recovery focused policy and practice.

Learn more about what we do on the [SRN website](#).

Please note that SRN does not directly provide health and social care services or support.

Although SRN is not a service provider, our website contains a wealth of useful information and resources about recovery including many personal stories of individual lived experience of mental health difficulties and recovery.

SRN has also launched a story-sharing website called [Write to Recovery](#). This website is designed to help people affected by mental health problems on their journey of recovery. It invites you to write your stories and experiences - and gives you tools to inspire you.

Twitter: @SRN\_Tweet

## Further Information and Contact Details



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