

Sat, June 06, 2020

## Calman Trust - Stage 1



### What do we offer at Stage 1?

At Stage 1 we offer Activity Agreements

[Activity Agreements](#) – We can work with you in a small group setting to help you develop specific skills at a pace that suits your needs, in order to identify future plans, engage with your community, or explore training and employment options.

As well as enabling you to progress into one of our Calman training programmes, we can help you to access other training providers, or further or higher education. We also have a team of Key Trainers who can help to find solutions to particular challenges that you may be facing.

Activity Agreements can be at either of our training centres in Invergordon or Inverness, or in less formal settings where you may prefer to join any of our shorter term training options, for example our cooking groups where small groups come together to learn cooking and other life skills or in Ness Soaps where you can gain experience of working in a real business in a fun and relaxed way.

### Who can apply?

Activity Agreements are available to young people who have left school and are unable or not ready to access more than 16 hours of post school learning or employment because of problems such as caring responsibilities, prolonged absence from school, disabilities or learning difficulties. You must be aged 19 or under (or under 20 if you have an additional support need).

### What can you achieve?

Activity Agreements will support you to get ready to move onto further learning, training or employment. These programmes will help you to know what is available and what would be most suitable for you to progress.

### Could I get a training allowance?



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You could be entitled to claim an [educational maintenance allowance](#) (EMA) of £30 per week or you may be able to remain on certain benefits. If you are registered with the Job Centre - speak to your advisor in the first instance, or alternatively speak to us.

## **Who do I contact to find out more?**

Phone, email, or pop into our Calman centres in Inverness or Invergordon = [contact details](#) or alternatively contact:

Training – [training@calman.org](mailto:training@calman.org) 01463 248630

If you are aged 16 or 17 you can speak to a [Skills Development Scotland](#) Advisor in your local area.

## **Further Information and Contact Details**

**Street Address:** Headquarters, 17a Hilton Village, Hilton, Inverness, IV2 4HT , IV2 4HT

**Telephone:** 01463 248630

**Email:** [training@calman.org](mailto:training@calman.org)

**Website:** <http://www.calman.org>