

Sat, June 06, 2020

Barnardo's Work it Out - Stages 2-3



What do we offer at Stage 2 and 3?

At stage 2 and 3 we offer the Work It Out programme. This programme is designed to support individuals who have an offending background or are at risk of offending.

Work It Out is a four week (2 sessions per week) employability training programme that aims to support individuals who are struggling to find employment opportunities or who are not engaged in positive activity. The programme will focus on building individual's employability skills through personal development, confidence building and goal setting for the future. During the programme individuals will have an opportunity to visit employers, make a CV and understand how to deal with workplace situations. At the end of the training programme individuals will have the opportunity to progress onto further training or receive informal support to find employment opportunities.

Who can apply?

This programme is suitable for anyone who is aged 16 to 24 with a background of offending or who is at risk of offending behaviour. It is for young people who are not currently in education, training or employment. It is offered in Caithness and Sutherland, Ross and Cromarty, Inverness, Nairn, Badenoch and Strathspey.

PLEASE NOTE: Individuals over the age of 24 may be considered for the course. Please contact Barnardo's Works for more information.

What can you achieve?

Individuals will have an opportunity to complete a [SQA Unit in Building Own Employability Skills \(SCQF Level 4\)](#) during the Work It Out programme.

Could I get a training allowance?

If you are in receipt of DWP benefits you may be entitled to continue claiming - speak to your Job centre Advisor for further information. Travel and subsistence will be provided for each participant throughout the duration of training.

Who do I contact to find out more?



Individuals who are interested in the Work It Out programme should discuss this with their Job Centre Plus Adviser (if registered with the Job Centre), [Skills Development Scotland Adviser](#), Personal Adviser or Support Worker who will be able to make a referral to Barnardo's Works. Alternatively, individuals can contact Barnardo's Works directly - details below.

Further Information and Contact Details

Street Address: Barnardos, 12-14 Seafield Road, Inverness, IV1 1SG

Telephone: 01463 717597

Email: aidan.tracey@barnardos.org.uk

Website: www.barnardos.org.uk