



## Hannah's Experience

*"My mentor helped me a lot."*

### Describe yourself before Day1

A wreck.

I was drinking quite a lot, I was hanging out with very dodgy people... and I was just getting myself into really bad situations quite a lot of the time.

And I had no confidence at all – I couldn't talk to anyone, I couldn't do anything.

### Describe yourself now

A lot more mature 😊

Cause I actually see things from other people's point of view.

I have a lot more confidence - I have managed to go do job interviews, and now I am serving customers and talking to random people all the time.

### Why do you think having a Day1 mentor helped you?

Like having a mentor there builds your confidence **because you're not on your own.**

Like I was terrified of like going up to someone and saying the wrong thing, or tryna order a meal and then pronounce something wrong, but then you're with someone else and you can see everyone makes mistakes



## Kieran's Experience

*"It was an eye opener"*

### What is having a mentor like?

It was good to see someone give up their time for me.

Not cause their getting paid, or anything... just 'cause they want to.

Out of everything, that's a massive thing for me - for any kid I think.

### Did anything surprise you?

I was surprised how well matched my mentor was to me.

And that at first you only think of him as your mentor, but now I would just class him as a:

friend 😊

### Were there any stand out moments in your year?

Go-karting, mountain biking, burgers – [all the activities!](#)

*But* I think the most important part was to get advice from someone who not family or friends..

And one work experience that my mentor organised was at a mechanics -that was good.