

Sat, February 16, 2019

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## Venture Trust Next Steps - Stage 1 - 2



### What do we offer at Stage 1-2?

At this stage we offer our Next Steps programme. This programme is designed to work with partner agencies and the women they support who are caught up in a cycle of offending, or are dealing with issues such as drug/alcohol misuse, homelessness, domestic abuse or any other issues that might impede positive change in their lives.

The programme utilises the wilderness to deliver an experiential learning opportunity that supports the development of transferable core lifeskills as you journey towards building a positive future. It also focuses on challenging personal and social development.

### Who can apply?

This programme is available to women and partner agencies who have been caught up in a cycle of offending behaviour or who are dealing with drug/alcohol misuse, homelessness, domestic abuse or any other issues that might impede positive change in their lives. It is available Highland-wide and is available to anyone aged 16+.

### What can you achieve?

You will receive a Certificate of Achievement on successful completion of the programme. As part of the programme you will create a personalised action plan. This can be developed further once you return to the community. You could receive on-going support for up to 12 months to enable you to consolidate your new skills, boost confidence, motivation and aspirations, and reach out to other local opportunities such as volunteering, education, employment and training.

A detailed report on your experience can be made available for statutory & third sector partners which can be utilised as a character reference.



## Can I get a training allowance?

The Next Steps programme is free to all participants. We will supply you with outdoor clothing and kit for the programme. All meals will be provided. If you are in receipt of DWP benefits these will not be affected by attendance on this programme.

## Who do I contact to find out more?

Contact our local Outreach Worker - Clare Dyer (contact details below) - to check suitability & availability. We will then meet with you to discuss opportunities.

You can self-refer by getting in touch with us directly, or through a support worker or organisation.

## Further Information and Contact Details

**Street Address:** Headquarters, Argyle House, 3 Lady Lawson Street, Edinburgh, EH3 9DR

**Telephone:** 07785619605

**Secondary Telephone:** 0131 228 7700

**Email:** [clare@venturetrust.org.uk](mailto:clare@venturetrust.org.uk)

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