
Mon, July 16, 2018

Transition Planning



Transition happens throughout our lives, however, we recognise that there are key stages when you will need a bit more support.

This page contains information and guidance to help you, your parents/carers and your teachers.

Transition Planning is about:

- getting the right information at the right time in a way that is understood
- building skills to enable you to make decisions about your future
- making sure you are ready for the first steps into the world of adulthood
- exploring the options of further education, training, employment or taking a gap year

Making plans should start well in advance of your proposed school leaving date so that you can fully consider your needs and choices for your future. It is really important for you and your supporters to work together to explore your options and ensure you have the opportunity to gain/enhance the skills and attainments you need to progress.

The joint NHS and Highland Council Transitions Policy and Procedure gives information about how and when transition planning should begin. For those who have an additional support need, planning should begin no later than your 14th birthday. This milestone birthday is a good indication for all to begin Transition Planning.

To access documents that will help and inform you please follow the links below:

- **Education(Additional Support for Learning) (Scotland) Act 2004:** [Act 2004](#)
- **An easy read parent's guide of the Education (Additional Support for Learning) (Scotland) Act 2004** can be found at: [Guide for parents](#)
- **The Transition Protocol** is intended to set out the context for supporting the transition of young people with additional support needs into life beyond school and into adulthood: [Transition Protocol](#)

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- **The Transition Planning Pathways** can be found within the Transition Protocol - Appendix 10 & 11. Link to the Protocol is above.
 - **General guidance** with links to Additional support needs/Meeting Individual Needs/Planning For Children: [General Guidance](#)
 - **Autism Outreach** link to good practice/policy/training: [Autism Outreach](#)
 - **Autism Toolbox** has a range of resources and tools to support children & young people with ASD. Their transitions page provides ideas and support for Early Years, Primary and Secondary. It can be accessed by clicking [here](#)
 - **A Template for Success** was produced by National Deaf Children's Society. It is designed to support professionals to think about, and understand, how they fit into the post-school transitions of young deaf people. It aims to ensure professionals understand the rights and needs of deaf young people. The resource also intends to support professionals in thinking about what they should know about the individual deaf young people they are supporting and their local area. It can be found [here](#)
 - **The Toolbox** was developed by Highland Children's Forum and supported by Highland Council. It contains lots of information about Transition and other useful information to support planning for the future: [Toolbox](#)
 - **Skills Development Scotland** have a very useful online tool called my world of work. You can access it [here](#).
 - **The Interactive My World Triangle** helps you to see your skills and achievements, and will help you to use them to make plans for the future. It helps the people involved in your transition to know who you are, where you want to go, and what you need to get there. **This will need to be opened in Internet Explorer**, a refresh of the tool is currently being considered. [Interactive My World Triangle](#)
 - **The Interactive Transitions Guide** will help the people involved in your transition to know who you are, where you want to go, and what you need to get there. It goes hand in hand with the Interactive My World Triangle. **This will also need to be opened in Internet Explorer.** [Interactive Transitions Guide](#)
 - [My Transition Guide](#), and [My Transition Guide for Parents, Professionals and Partner Agencies](#) are also available for download.
 - **Partners in Communication's** guide to helping young people move on successfully can be accessed [here](#) and can be used alongside their editable all about my transition tool which can be found [here](#)
 - **The Principles of Good Transition 3** covers the 7 key principles of transition and covers relevant and up to date transition legislation. This version follows on from the success of POGT 1 & 2 (which were used in the production of the Transition Protocol) and was published in January 2017. You can find the document [here](#).
 - **Personal Outcome Planning** - Research in to Transition from children's to adult services was carried out by the SDS consortium in 2014/15. The report of their findings and a range of resources to support personal outcome planning, can be found [here](#)

- Further information about transition within school and resource packs for other age groups are available - HDCD pack for [Nursery to Primary](#) HDCD Pack for [Primary to Secondary](#). and a [Primary to Secondary](#) pack from the Highland Psychological Service.
- Parenting Across Scotland have "Top Ten Tips" guides for Parents: [Starting Primary School](#) and [Starting High School](#)

'Listen to the person and hear the possibility'

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